

# Introduction to Leadership Coaching

**CENTRAL LEEDS**

**THURSDAY 19 MARCH 2020 and FRIDAY 20 MARCH 2020 (2-day course)**

## About this course

There is evidence that coaching approaches to leadership are very effective. Research shows that coaching in education has had a positive effect on leadership skills, communication, learning and teaching, stress reduction, resilience and empowerment<sup>1</sup>. It has been argued that the quality of the conversations in an organisation can critically influence its effectiveness<sup>2 3</sup>. This 2-day course - **Introduction to Leadership Coaching** – offers you a sound introduction to how and why this is so.

The course is very practical, and all materials and resources are provided.

## Who is it for?

- Anyone in any kind of school or system leadership role.

## What are the benefits?

- Clear understanding of what coaching is and is not;
- Confidence to use the GROWTH coaching framework immediately;
- Experiencing the impact of coaching conversations applied to real workplace topics.
- Time to plan your next steps in coaching.

## What will I learn?

You will learn about the three core elements of the GC-UK coaching approach:

- A framework – the GROWTH model
- Coaching skills
- ‘Coaching way of being’
- A coaching approach to giving feedback, including difficult conversations.

## Venue and dates

- Leeds Beckett University
- Thu 19 March (09:00-16:00) and Fri 20 March 2020 (09:00-15:30)
- Refreshments and lunches provided. Please let us know about your dietary requirements.

The European Mentoring and Coaching Council (EMCC) have conferred the European Quality Award to this course.



This course is also endorsed by Education Scotland's Professional Learning and Leadership Team



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<sup>1</sup> Barr, M. (2015). Open to learning. *Coaching at Work*, 10(3), 42-45.

<sup>2</sup> Jackson, P. & Waldman, J. (2011). *Positively speaking: The art of constructive conversations with a solutions focus*. St Albans: Solutions Books.

<sup>3</sup> Cavanagh, M. (2013). The coaching engagement in the twenty-first century: New paradigms for complex times In S. David, D. Clutterbuck & D. Megginson (Eds). *Beyond goals: Effective strategies for coaching and mentoring*. Farnham: Gower Publishing.

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## About GC-UK

Growth Coaching UK is a sister company of Growth Coaching International – one of the largest providers of coaching and coaching training in the Australian education sector. Growth Coaching works with school leaders, directors, school executive teams and school teaching staff in every system, in every state and territory across Australia, with many thousands of school leaders participating in programmes. Since 2015, hundreds of educators in the UK have participated in our courses. Our clients tell us that we offer a bridge between the academic world and real life. We translate theory into practice.

## Workshop facilitators

Our facilitators are experienced teachers, who are also highly qualified and experienced in coaching.

## Cost and booking

Attendance on this 2-day course, including all materials, refreshments and follow-up support: £365 + VAT. Places are limited, and the course has often been oversubscribed, so early booking is advisable.

To register for the course, please go to <http://bit.ly/RegisterforItLC> For more information, please contact Dr Rose Blackman Hegan, UK Managing Consultant – [rblackmanhegan@growthcoachinguk.com](mailto:rblackmanhegan@growthcoachinguk.com)

## What do others say?

Comments from participants who have attended this course - Introduction to Leadership Coaching:

Participation in this course has completely transformed my thinking. I now feel inspired and ready to support others when setting goals, dealing with difficult conversations and providing feedback.

*Kevin Stepney, Douglas Academy, Milngavie*

A fantastic introduction to coaching that makes you confident enough to employ the skills even after day 1!

*Nicola Chandler, Head of School, Trevelyan Middle School, Windsor*

Fabulous course, well-paced and engaging. Course delivered very knowledgeable and accessible. I have left with a very clear understanding of the role of the coach and am excited about its future impact on my colleagues.

*Richard Stenhouse, Senior Leader Primary, British Council School of Madrid, Spain*

(The facilitator) modelled a coaching way of being throughout, which became more apparent as we learned. The practical tools and 'real play' experiences were invaluable. I feel empowered to coach and be coached.

*Nicola Rispoli-Hall, Head of 6<sup>th</sup> Form, Upton Court Grammar School, Slough*

A fabulous inspiring course. Looking forward to motivating others in the way I have been motivated over the past two days. Thank you.

*Jane Stinson, DHT, St Francis Primary School, Port Glasgow*

I would not hesitate to recommend this course to anyone who is interested in supporting themselves and others to be more effective in their communication. GROWTH provides a model for talking and listening that is supportive and empowering for coach and coachee. The approach reassures and challenges you to engage with your new learning. You leave the course equipped to begin your own journey in coaching and mentoring and you have more information to read in your own time to enable you to go on in your development.

*Susan Bell, HT, Bridge of Weir Primary School, Renfrewshire*

This training has been a very valuable way of spending time to enable me to support colleagues and have a much more solution-focused team.

*Mary Shaw, Head of Centre, Jimmy Dunnachie Family Learning Centre, Glasgow*