



# Introduction to Leadership Coaching

## GLASGOW – DATES FOR 2020 (2-day course)

### About this course

There is evidence that coaching approaches to leadership are very effective. Research shows that coaching in education has had a positive effect on leadership skills, communication, learning and teaching, stress reduction, resilience and empowerment<sup>1</sup>. It has been argued that the quality of the conversations in an organisation can critically influence its effectiveness<sup>2 3</sup>. This 2-day course - **Introduction to Leadership Coaching** – offers you a sound introduction to how and why this is so.

The course is very practical, and all materials and resources are provided.

### Who is it for?

- Anyone in any kind of school or system leadership role.

### What are the benefits?

- Clear understanding of what coaching is and is not;
- Confidence to use the GROWTH coaching framework immediately;
- Experiencing the impact of coaching conversations applied to real workplace topics.
- Time to plan your next steps in coaching.

### What will I learn?

You will learn about the three core elements of the GC-UK coaching approach:

- A framework – the GROWTH model
- Coaching skills
- ‘Coaching way of being’
- A coaching approach to giving feedback, including difficult conversations.

### Venue and dates (2 full days)

City of Glasgow College (Riverside Campus), 21 Thistle Street, Glasgow. G5 9XB

- Wed 22 January 2020, 09:00-16:00, and Thu 23 January 2020, 09:00-15:30
- Wed 3 June 2020, 09:00-16:00, and Thu 4 June 2020, 09:00-15:30
- Tue 20 October 2020, 09:00-16:00, and Wed 21 October, 09:00-15:30

Refreshments and lunches provided. Please let us know about your dietary requirements.

This course is endorsed by Education Scotland's Professional Learning and Leadership Team



The European Mentoring and Coaching Council (EMCC) have conferred the European Quality Award to this course.



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<sup>1</sup> Barr, M. (2015). Open to learning. *Coaching at Work*, 10(3), 42-45.

<sup>2</sup> Jackson, P. & Waldman, J. (2011). *Positively speaking: The art of constructive conversations with a solutions focus*. St Albans: Solutions Books.

<sup>3</sup> Cavanagh, M. (2013). The coaching engagement in the twenty-first century: New paradigms for complex times In S. David, D. Clutterbuck & D. Megginson (Eds). *Beyond goals: Effective strategies for coaching and mentoring*. Farnham: Gower Publishing.

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## About GC-UK

Growth Coaching UK is a sister company of Growth Coaching International – one of the largest providers of coaching and coaching training in the Australian education sector. Growth Coaching works with school leaders, directors, school executive teams and school teaching staff in every system, in every state and territory across Australia and New Zealand, with many thousands of school leaders participating in programmes. Since 2015, hundreds of educators in Scotland have participated in our courses. Our clients tell us that we offer a bridge between the academic world and real life. We translate theory into practice.

## Workshop facilitators

Our facilitators are experienced teachers, who are also highly qualified and experienced in coaching.

## Cost and booking

Attendance on this 2-day course, including all materials, refreshments and follow-up support: £365 + VAT. Places are limited, and the course has often been oversubscribed, so early booking is advisable.

To register for the course, please go to <http://bit.ly/RegisterforItLC>

For more information, please contact Margaret Barr, Lead Associate (Scotland) – [mbarr@growthcoachinguk.com](mailto:mbarr@growthcoachinguk.com)

## What do others say?

Comments from participants who have attended this course - Introduction to Leadership Coaching:

Attending GROWTH coaching CPD has been an invaluable experience. It has been enlightening and I would strongly recommend it to colleagues who have a supportive element to their job role.

*Sarah Reid, PT, St Mungo's Primary School, Glasgow*

This course has completely changed my mindset on how best to support my staff and gain the best performance from them and for them.

*Beverley Barton, DHT, Shawlands Academy*

This was a very organised course with highly competent facilitators. All the initial outcomes were met through an interesting mixture of activities. I would highly recommend this course to any educator.

*Sam Thornely, PT Building Capacity (Supporting Learners), Dumfries and Galloway*

I would not hesitate to recommend this course to anyone who is interested in supporting themselves and others to be more effective in their communication. GROWTH provides a model for talking and listening that is supportive and empowering for coach and coachee. [The facilitators] are excellent role models and teachers who demonstrate the utmost professionalism in their interactions with the group. Their approach reassures and challenges you to engage with your new learning. You leave the course equipped to begin your own journey in coaching and mentoring and you have more information to read in your own time to enable you to go on in your development.

*Susan Bell, HT, Bridge of Weir Primary School, Renfrewshire*

Participation in this course has completely transformed my thinking. I now feel inspired and ready to support others when setting goals, dealing with difficult conversations and providing feedback.

*Kevin Stepney, Douglas Academy, Milngavie*

I found this course has helped me to develop a new way of supporting staff to build their capacity and ultimately their engagement in school improvement.

*Linda Hamilton, HT, Springburn Academy, Glasgow*

A fabulous inspiring course. Looking forward to motivating others the way I have been motivated over the past two days. Thank you.

*Jane Stinson, DHT, St Francis Primary School, Port Glasgow*