



# Introduction to Leadership Coaching

## About these courses (one-day and two-day)

Research shows that coaching in education has had a positive effect on leadership skills, communication, learning and teaching, stress reduction, resilience and empowerment. Coaching approaches to leadership are very effective. **Introduction to Leadership Coaching** offers you a sound introduction to how and why this is so.

## Who are they for?

Leaders at all levels:

- Senior and middle leaders in education
- Anyone in a school or system leadership role

## What are the benefits?

- Clear understanding of what coaching is and is not
- Confidence to use the GROWTH coaching framework immediately
- Experiencing the impact of coaching conversations applied to real workplace topics

## What will I learn?

**One-day course:** As a result of participating in this session you will:

- Explore the GROWTH model
- Apply some of the 8 coaching skills
- See coaching modelled
- Apply the GROWTH coaching model to a range of workplace conversations
- Develop next steps for taking coaching forward in your context.

**Two-day course:** As above, plus:

- Explore coaching 'way of being'
- Practise giving feedback using a coaching approach
- More practice, reflection and planning for next steps

The courses are very practical, and all materials and resources are provided, including:

- 'The Leadership Coaching Guide: Growing You and Your School Community'
- Participant workbook
- Recommended reading
- GROWTH model prompt cards

*Introduction to Leadership Coaching* courses (one-day and two-day) are endorsed by the Scottish College for Educational Leadership




**For more information:**

Please email [info@growthcoachinguk.com](mailto:info@growthcoachinguk.com)

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## About GC-UK

Growth Coaching UK is a sister company of Growth Coaching International – one of the largest providers of coaching and coaching training in the Australian education sector. Growth Coaching works with school leaders, directors, school executive teams and school teaching staff in every system, in every state and territory across Australia, with over 7,000 school leaders participating in programmes throughout 2015. Our clients in Australia tell us that we offer a bridge between the academic world and real life. We translate theory into practice.

Since beginning to offer coaching training in Scotland in March 2015, we have received excellent feedback, and are delighted that the courses have been endorsed by the Scottish College for Educational Leadership.

## Workshop facilitators

Our facilitators are experienced teachers, who are also highly qualified and experienced in coaching.

## What do others say?

Comments from participants who have attended this course - **Introduction to Leadership Coaching**:

Without a doubt, the most impactful 2 days of professional development I have engaged in for years. I highly recommend GCUK to anyone who wants to support others and feel supported in leading learning and coaching others. Thanks!  
*Val Forsyth PT Supporting Student Achievement, Clydeview Academy, Gourrock.*

Fantastic experience involving everyone for the whole journey. Learnt loads of practical strategies to apply immediately. Huge thanks.  
*Collette Gowing, DHT, Langlands Primary School, Glasgow.*

The Introduction to Leadership Coaching course was a wonderfully practical way to learn key skills. If this course was a movie, I would award it with 5 stars!  
*Graham Brett, DHT, Glenburn Primary School, South Ayrshire.*

A positive experience that will have an impact on my daily practice.  
*M Baker, HT, Elmvale Primary School, Glasgow.*

A really meaningful, energising experience. I am excited to take forward what I have learned.  
*C Miller HT Aileymill Primary, Greenock.*

I now feel more comfortable with my understanding of coaching, as opposed to mentoring, within a school context. I also better appreciate the benefits to students and staff alike, of a coaching culture or 'way of being'. I like the mantra 'It's not about me!'.  
*Vince McMahon, Govan High Language and Communications Resource, Glasgow.*

Great practical training that will be of real use tomorrow!  
*Elaine Montgomery, HT Wemyss Bay Primary School.*

For more information, or to arrange a conversation  
about how we might be of service to you:

Please email [info@growthcoachinguk.com](mailto:info@growthcoachinguk.com)